

# The Practice of Seeking Wisdom



Photo: Annie Spratt/Unsplash

To learn which questions are unanswerable, and not to answer them: this skill is most needful in times of stress and darkness.

Ursula K. LeGuin

Do not seek to follow in the footsteps of the wise; seek what they sought.

Matsuo Bashō

Knowledge is not wisdom. But wisdom is knowledge in action.

Richard Wagamese

We continue to evolve, gain insights and wisdom based on what we learn and experience. As individuals and as a faith, we are continually in process. What a source of hope there is in this view of life and of ourselves!

Rev. Jullan Stoneberg

- What sources do you turn to most often when you are seeking wisdom?
- How has life experience assisted you in growing into wisdom?
- Have you ever wrestled with a wisdom teaching?
- How do you relate to wisdom offered by people of different ages and life stages?
- How does wisdom show up in your body – do you receive wisdom from intuition, feelings, and/or sensations?

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